

EpiPen 2-Pak 0.3mg/0.3mL

(contains 2 Adult Autoinjectors)

Inject one pen in to front outside of thigh. Ok to repeat if needed after 3-5 minutes.

Call 911 Call 911 Call 911.

Used for anaphylaxis: severe, rapid onset (less than 1 hour) allergic reaction, swollen throat, tongue, or lip or if patient has difficulty breathing - allergic reaction - or if patient has difficulty breathing with slow onset allergic reaction. Note that if you see children you must also carry the EpiPen Jr 2-pak 0.15mg/0.15mL.

Epi 1:1000 ampule/vial 1mL

(contains 1mg epinephrine)

Inject into in to front outside of thigh. 0.3mL repeat every 5 minutes or more often.

(USE 0.15mL for kids each injection to max of 3 injections).

Used for anaphylaxis: severe, rapid onset (less than 1 hour) allergic reaction, swollen throat, tongue, or lip or if patient has difficulty breathing - allergic reaction - or if patient has difficulty breathing with slow onset allergic reaction

Call 911 Call 911 Call 911

12oz can of non-diet soda

Have patient drink 4 oz (approx. 1/3 of the can).

Wait 15 mins, check blood sugar, if less than 70mg/dL drink another 4 oz. Check blood sugar after 15 mins.

Continue giving 4 oz of soda every 15 mins until blood sugar is > 70mg/dL.

This is the best treatment for a hypoglycemic conscious diabetic patient. The carbonation facilitates absorption through the stomach faster than any uncarbonated source of sugar. It is absorbed from the small intestine.

Benadryl Injectable 50mg/mL vial

Inject 1mL (for kids aged 1-7 use 0.5mL) IM in upper arm (deltoid injection). Used for moderate, slow onset (takes one hour or more) allergic reaction: Itching throat, swollen tongue, or lip.

Be ready for anaphylaxis if breathing difficulty starts.

Observe for 1 hour to ensure recovery

Terminate appointment

Refer to MD for oral antihistamine or steroids for 3 days

One bottle of Nitroglycerine Spray

Pump a few times to prime the pump (you should see a mist come out) then spray 1-2 doses into the floor of mouth.

May repeat every 5 minutes up to 3 times.

Call 911 if chest pain does not resolve.

Used for angina pain. Prime the pump and check to be sure no Viagra or Levitra within the last 24 hours (48 hours for Cialis) before giving the nitro. Otherwise call 9-1-1.

Nitroglycerin Sublingual Tabs

Supplied in a small, brown bottle. After opening the bottle, it must be replaced within 30 days.

Place one tablet under the tongue. Do not chew, crush, or swallow. Allow to dissolve. Can give another dose after 2 minutes, do not exceed three doses in 15 minutes.

Call 911 if chest pain does not resolve.

Used for angina pain. Check to be sure no Viagra or Levitra within the last 24 hours (48 hours for Cialis) before giving the nitro. Otherwise call 9-1-1.

A bottle of Aspirin (325mg tabs)

In the case of angina or a heart attack the patient is to chew one tablet while the staff calls 911.

If the only available Aspirin is 81mg, have patient chew 4 (four) tablets

One Albuterol Inhaler

Shake dispenser, have patient exhale, spray as they inhale to breathe in the medication.

May repeat every 1-2 mins (2 puffs every 2 minutes for a maximum of 20 puffs)

Call 911 if no relief or if breathing worsens.

Used for asthma, bronchial spasm.

2 vials Flumazenil 0.1mg/mL

Give 1-2mL in floor of mouth off midline adjacent to bicuspid/cuspid area. Observe effect for 60 seconds. Repeat if needed.

Patient must be kept in office for 2 hours to see if they resedate.

Used to reverse benzodiazepines including Triazolam, Midazolam, Diazepam, Alprazolam, Lorazepam and at least one non-benzodiazepine, Zaleplon.

Narcan[®] (Naloxone) Nasal Spray 4mg

- **DO NOT PRIME DEVICE**
- **Use in only 1 nostril, alternate nostrils for repeated doses**
- **Administer a single spray, monitor patient**
- **Call 911**
- **Relapse to unresponsiveness and/or respiratory depression – re-administer every 2-3 minutes**
- **PABCD's until help arrives**

2 vials Naloxone 0.4 mg/mL (1 mL)

- **Give 0.4-2 mg IV, IM or SM; may need to repeat doses every 2-3 minutes**
- **Upper arm or outer thigh injection**
- **Call 911 -- PABCD until help arrives**
- **If no response is observed after 10 mg total, consider other causes of respiratory depression**
- **After reversal is achieved, patient may need additional doses to prevent renarcotization (i.e., 20-60 minutes) depending on type/duration of opioid**