

**EpiPen 2-Pak 0.3mg/0.3mL
(contains 2 Adult pens)**

Inject one pen in to front outside of thigh. Ok to repeat if needed after 3-5 minutes.

Call 911 Call 911 Call 911.

Used for anaphylaxis: severe, rapid onset (less than 1 hour) allergic reaction, swollen throat, tongue, or lip or if patient has difficulty breathing - allergic reaction - or if patient has difficulty breathing with slow onset allergic reaction. Note that if you see children you must also carry the EpiPen Jr 2-pak 0.15mg/0.15mL.

**Epi 1:1000 ampule 1mL
(contains 1mg epinephrine)**

Inject into in to front outside of thigh. 0.3mL repeat every 5 minutes or more often.

(USE 0.15mL for kids each injection to max of 3 injections).

Used for anaphylaxis: severe, rapid onset (less than 1 hour) allergic reaction, swollen throat, tongue, or lip or if patient has difficulty breathing - allergic reaction - or if patient has difficulty breathing with slow onset allergic reaction

Call 911 Call 911 Call 911

A can of non-diet soda

Have patient drink 4 oz per minute until can is empty.

This is the best treatment for a hypoglycemic conscious diabetic patient. The carbonation facilitates absorption through the stomach faster than any uncarbonated source of sugar. It is absorbed from the small intestine.

This requires a CONSCIOUS and oriented patient.

Benadryl Injectable 50mg/mL vial

Inject 1mL (for kids aged 1-7 use 0.5mL) IM in upper arm. Used for moderate, slow onset (takes one hour or more) allergic reaction: Itching throat, swollen tongue, or lip.

Be ready for anaphylaxis if breathing difficulty starts.

Observe for 1 hour to ensure recovery

Terminate appointment

Refer to MD for oral antihistamine or steroids for 3 days

One bottle of Nitroglycerine Spray

Pump a few times to prime the pump (you should see a mist come out) then spray 1-2 doses into the floor of mouth.

May repeat every 5 minutes up to 3 times.

Call 911 if chest pain does not resolve.

Used for angina pain. Prime the pump and check to be sure no Viagra or Levitra within the last 24 hours (48 hours for Cialis) before giving the nitro. Otherwise call 9-1-1.

Nitroglycerin Sublingual Tabs

Supplied in a small, brown bottle. After opening the bottle, it must be replaced within 30 days.

Place one tablet under the tongue. Do not chew, crush, or swallow. Allow to dissolve. Can give another dose after 2 minutes, do not exceed three doses in 15 minutes.

Call 911 if chest pain does not resolve.

Used for angina pain. Check to be sure no Viagra or Levitra within the last 24 hours (48 hours for Cialis) before giving the nitro. Otherwise call 9-1-1.

A bottle of Aspirin (325mg tabs)

In the case of angina or a heart attack the patient is to chew one tablet while the staff calls 911.

One Albuterol Inhaler

Shake dispenser, have patient exhale, spray as they inhale.

May repeat every 30 seconds.

Call 911 if no relief after 1 minute.

Used for asthma, bronchial spasm.

2 vials Flumazenil 0.1mg/mL

Give 1-2mL in floor of mouth off midline adjacent to bicuspid/cuspid area. Observe effect for 5 minutes. Repeat if needed.

Patient must be kept in office for 2 hours to see if they resedate.

Used to reverse benzodiazepines including Triazolam, Midazolam, Diazepam, Alprazolam, Lorazepam and at least one non-benzodiazepine, Zaleplon.

2 vials Naloxone 0.4 mg/mL (1 mL)

Give 0.4-2 mg I.V., I.M. or SubQ; may need to repeat doses every 2-3 minutes; after reversal, may need to readminister dose(s) at a later interval (i.e., 20-60 minutes) depending on type/duration of opioid. If no response is observed after 10 mg total, consider other causes of respiratory depression.