

Oral Sedation Regulations

GUIDELINES

REGULATIONS



Sedation Regulations Snapshot

- Arizona – no permit required for minimal sedation. Oral + N2O is ok up to the MRD, supplemental dosing is ok up to 1.5x MRD. For OCS permit 1303 is required (30hrs of training)
- California – No minimal sedation permit required, oral + N2O is ok (oral conscious sedation permit for adults [≥13 yo] requires 25 hrs & 1 live patient experience)
- Colorado – 16 hrs of didactic instruction, permit required (OPA&NPA, AED), under 12 yo needs pedo designation (pedo residency, mod permit or 30hrs & 10 cases)
- Illinois – No minimal oral sedation permit required (oral + N2O is ok)
- Indiana – no permit required for minimal or moderate oral sedation
- Missouri - No minimal sedation permit required (13+), oral + N2O is ok. Up to the MRD, single drug (15hrs for OCS permit)
- New York – no minimal sedation permit required (enteral moderate sedation requires 60 hrs & 10 live cases)
- North Dakota – oral + N2O requires a minimal sedation permit (one drug only up to MRD), 16hrs + 20 clinically oriented experiences (10 group experiences, and 10 live experiences). Oral drug alone without nitrous oxide does not require a permit
- Oklahoma – No permit required for adult minimal or moderate oral sedation, only one sedated patient at a time, pulse oximeter required
- Texas – 16 hrs, Level 1 Permit required, BLS, ASA 1&2 ok, 3&4 with consultation, record vital every 10 mins
- Utah - 16 hrs + clinically oriented experiences for minimal oral sedation, BLS, Class II permit required
- Washington - 14-21 hrs for minimal oral sedation, BLS, no permit required. moderate oral sedation requires 28 hrs total, BLS, and a permit.

Things I've Learned...

- Maintain BLS for you and your Team
- Sedation Team is at least Dr and one other person (who has BLS)
- Get a focused Medical History (determine ASA)
- Take baseline vitals (Pulse, BP, O2 sat%)
- Never leave sedation patients alone
- Pre-procedure dietary restrictions must be considered based on the sedative technique prescribed
- Pre-op & Post-op verbal and written instructions must be given to the patient, parent, escort, guardian, or care-giver
- Get a pulse oximeter!
- Use a time-oriented sedation record for documentation of monitoring parameters and drugs used
- Patient satisfies discharge criteria for dismissal
- Patients are driven to/from the appointment by an adult companion